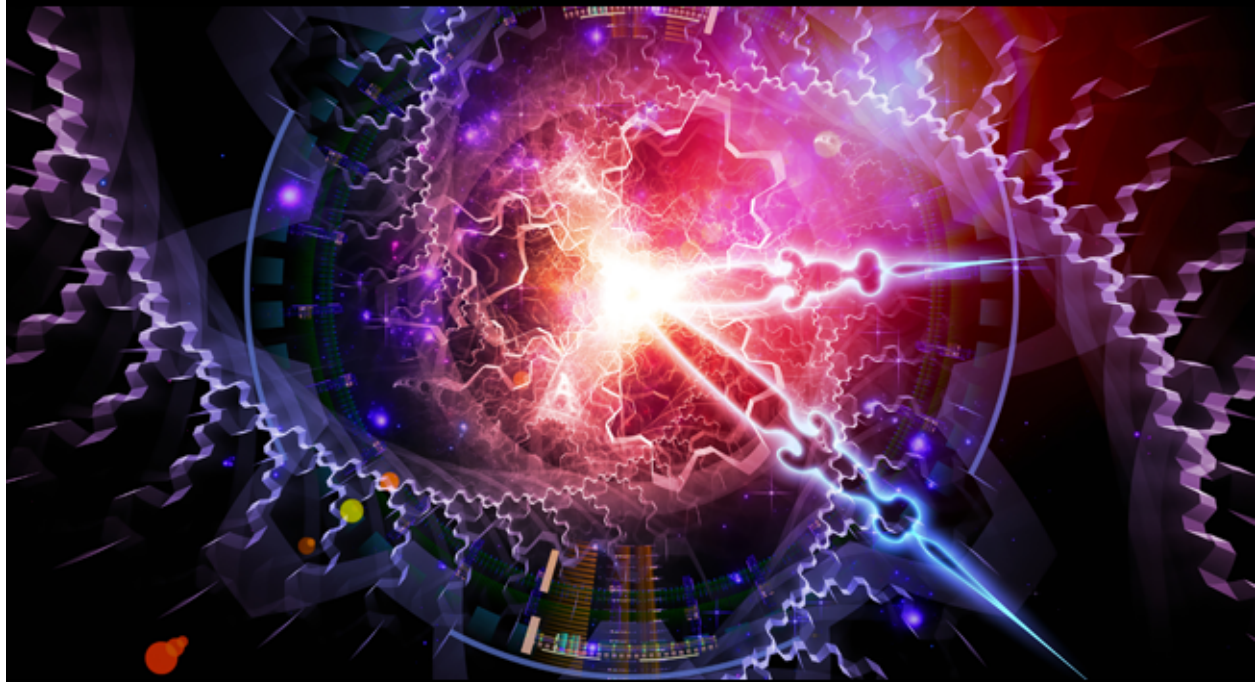


Timeline: Explore Your Spirit's Journey



Learn How to Honor Your Process of Self-Discovery
Better Understand Your Total Self

2019 Website Program Description

Release past experiences that are blocking fulfillment in your life!

Where ever you are in your journey, know that you will continue to grow beyond that level of awareness. That is the function of time...so; there is nothing wrong with where you are not yet in time. Honor your process of self discovery.

Each of us is born with unique opportunities for personal growth and self-actualization. Yet, in the unfolding of our lives, we sometimes experience doubts. Timeline leads you first to **revisit the early years of your current life, uncovering and releasing old beliefs or recurring emotions that have limited or obstructed your progress.** Your discoveries and insights are for your personal enhancement. Sharing them is welcomed but not required.

Experience Deep Exploration of Other Lives Fulfill Your Greatest Potential!

- Gain a greater understanding of the eternal nature of your being and your connection to others.
- Experience the love-filled energy that underlies all life to receive clarity about your life's purpose.
- Create a new life overview that allows you to navigate this life with less resistance and fulfill your desired potential!

Next, explore what many call "past lives"—along with other aspects of your consciousness—toward a new understanding of the origins of your current life situation. ***By healing and releasing the past you can create an opening to a more purposeful and fulfilling future.***

Gain Perspective, Clarity and Understanding to Resolve Conflicts from Other Lives

Ultimately, you are led to move forward in local time, meeting your future wise self, perceiving future events, receiving clarity about your purpose, and gaining a new life

overview. Your new overview allows you to navigate life with the least resistance and maximum benefit. You are aided to realize what is possible—what can be optimized and accomplished with your remaining time in this life experience. Timeline's methods and technologies help you upgrade at all levels.

Timeline program participants will:

- Explore other lives, discovering and knowing the learning adventures of other Selves in other times.
- Discover talents, skills and abilities from other lives and bring them to expression in this life.
- Release limiting beliefs and emotional patterns that originated in other lives.
- Understand and heal traumatic experiences from other lives.
- Meet and interact with important people in your current life who were also with you in other lives.
- Develop new levels of detachment, clarity and creative choices in one's daily life by experiencing an overview of multiple lives.
- Better understand one's Total Self by experiencing your current life as a composite of resources and liabilities from other lives.
- Clarify your higher purpose of this life and create a future full of new possibilities.

I AM READY TO EXPLORE!

L.I.F.E. Quantum Biofeedback System—lab session

As a Timeline participant, you receive a personalized lab session using the L.I.F.E. Quantum Biofeedback System and Hemi-Sync® frequencies. After the L.I.F.E. System has identified a “past life” with an unresolved conflict, which is impacting your current life, you will be guided to explore that “past life.” You will have the opportunity to heal the unresolved conflict while the system sends balancing frequencies to enhance the healing process.

The L.I.F.E. System is an advanced electro-physiological biofeedback device that identifies and balances "stress potentials" as communicated by your body. Utilizing 14,000+ frequencies and based on 20+ years of research, the system promotes balance of the physical, emotional, mental, and spiritual bodies. It uses biofeedback and bioresonance to energetically stimulate your body's own healing mechanisms, helping it return to its natural state of balance.

Timeline sessions feature the L.I.F.E. System's Past Life Portal that will identify for you a specific past life: gender, profession, continent, unresolved conflict, and year. You will be guided to explore that life, reflect on it, and actively participate in your healing process. [Tip Walker](#) and [Ellen Jones-Walker](#) will be your L.I.F.E. System monitors and facilitate your session. They will administer the Hemi-Sync® frequencies and record your session.

Listen to 2017 Timeline participant Dan, as he shares his own L.I.F.E. experience and the profound impact it made. In his regression exercises he was able to discover and release limiting beliefs!

I AM READY TO EXPLORE!

Your facilitator for this program: Andrea Berger



Andrea Berger grew up in Bucharest, Romania, and has traveled throughout India studying yoga and meditation on inner light and sound. She now lives in Cincinnati, Ohio, with her husband and their two children.

Andrea retired from a large consumer goods company, where she worked for 22 years as an Information Technology manager. She is an accredited trainer at The Monroe Institute® (TMI), a certified VortexHealing® Energy Healer, a Reiki Master, and an enthusiastic Yoga

practitioner. She earned a Masters in Transpersonal Studies from Atlantic University founded by Edgar Cayce in Virginia Beach, Virginia. [Learn More.](#)

Your Co-facilitator for this program: Charlene Nicely



Charleene Nicely, PhD, LCAS, is a psychologist with Pavillon, providing trauma counseling, assessments, individual and group psychotherapy, and clinical consultations since 2005. Pavillon's mission is to bring hope, healing, and lasting recovery to individuals and families who suffer from alcoholism, drug addictions, and related disorders. Early recovery is a challenging time in everyone's life journey. Dr. Nicely uses Hemi-Sync® technology to help her clients learn to relax, to increase their conscious connection to their Higher Power, to improve their concentration, and to enter restful sleep. [Learn More.](#)



Your Facility: The Monroe Institute

TMI is the premier experiential residential education center for exploring expanded states of consciousness. For the past 40 years, thousands of people just like you have attended our residential programs. People from all walks of life including doctors,

engineers, healers, therapists, clergy, homemakers, artists, and many others have journeyed to our facilities to expand their consciousness and discover many of the answers to life's mysteries.

Our Powerful 5-day/6-night All-inclusive Timeline Program Offers:

- Daily consciousness exploration facilitated by our skilled trainers
- Semi-private accommodations
- 3 delicious home-style meals a day
- Daily yoga classes
- Transportation from and to Charlottesville, Virginia, airport (see details)
- Complimentary WiFi
- Massage therapy upon request (additional fee)

Save when you register early: Discount applies to program balance and not deposit:*

- Save \$400—180 days in advance
- Save \$300—120 days in advance
- Save \$100—90 days in advance

**Discounts apply to VA campus programs only and do not apply to OBE Intensive, My Big TOE, Starlines Reunion, Remote Viewing II, Discovery, Interspecies Communication, and Weekend Programs. Maximum discount \$500 per program.*

Participant Comments:

"This program opened new opportunities to understand our lives in more rich and caring way. Not only in this timeline but also many other timelines and timelessness." ~ H. Park

"I had visuals, rote downloads, empathic knowing and strong feelings from Day One through the end of the course. The L.I.F.E. system was a great tool that took me on an exciting trip. This tool helped me in 'knowing' and 'feeling' what was happening in my journeys." ~ Michael Loveless

"This course is about your own timeline, especially the 'recent' past, helping self-healing and self-understanding, enabling a deeper understanding of current and recent past life experiences." ~ Michael Loveless

"My L.I.F.E. Biofeedback session was similarly profound. For example, as I was walking over to start my session, I remember thinking about the life issue I thought I needed to work on most. Upon arrival, I was shocked to find that the L.I.F.E. system had identified that exact SAME issue without knowing anything about me other than my name and age. Stunning. And I experienced the past life that the System had identified for me quickly and deeply (with much attendant healing). I also discovered, as did several of my classmates, that the issues uncovered by the L.I.F.E. system—often unexpectedly—wove in and out of (and thoroughly connected with) the other exercises I did in Timeline, thereby reinforcing my overall healing further. What a gift!" ~ S. Alexander

"The Timeline program was filled with practical tools for life transformation. The experience was far beyond the descriptions of it! One of the experiences provided was a session in the booth with a L.I.F.E. biofeedback session focused on a past life exploration. The live interaction of the session created a narrative account which brought a depth to the material often missed during more subtle flashes of imagery. That narrative creation made the experience more 'alive' and vibrant, and is one of many aspects of the week that remains salient in my awareness now." ~ Gregory Brown

"A really wonderful, fantastic, awesome program. It gave me insight into current problems and the ability to clear these issues through time." ~ Rose Mary Dreussi

"This workshop provided me with tools to help me change some of my old behavior habits, no matter where or when I created those patterns." ~ Dick Werling

"Timeline was a great gift for me, full of self-discovery and brilliant tools for enhancing personal power." ~ Barbara Bowen

"Timeline was my fourth TMI course and possibly my favorite thus far. I was not convinced that I would be able to visit prior lifetimes before the class started, but found that the exercises allowed me to view and experience both previous lifetimes and future events fairly easily. For me, the biggest benefit to the Timelines course was the fact that the re-experiencing of previous lifetimes allowed me to trace a current-life problem back to its very roots and see where it all started, and to also potentially change the negative pattern right where it began lifetimes ago. Really, this class was exceptional at providing a forum for examining the current state of one's life and present relationships and then tracing that back and forward through time. I left the class having much more clarity on what was going on in my life now (and why). And, I have to admit, getting so much clarity and wisdom on my current life circumstances was not what I expected from a class about past lives, but that is exactly what happened. In short, this TMI class was incredibly healing and

profound. My life has been forever changed, for the better, for having taken Timeline." ~ S. Alexander

Note: Hemi-Sync® is a registered trademark of Interstate Industries Inc., dba Hemi-Sync®.